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**THINGS YOU CAN DO TO SUPPORT FIRST NATIONS PEOPLE**

1. GET INTO THE HABIT OF MAKING TRIBAL LAND AND NATION

ACKNOWLEDGEMENTS

* [Honor Native Land: A Guide And Call To Acknowledgement](https://usdac.us/nativeland)
* [Land Acknowledgement Guide](https://drive.google.com/file/d/0B_CAyH4WUfQXTXo3MjZHRC00ajg/view)

1. LEARN MORE - LEARN THE TRUTH

* Read Books By Indigenous Authors
  + Learn About Real Role Models And Indigenous Contributions
  + Learn About Inequalities That Still Exist And That The Struggle Is Ongoing
* Learn The Real History Of Indigenous People
  + Listen to Ted Talks And Podcasts
  + Watch Documentaries
  + Follow Indigenous Groups On FaceBook
  + Search (internet sources, libraries, museums etc.)
  + Connect With Your Local University/College Diversity Committee Events/Activities
  + Install the Native Land App On Your Phone
  + [**Native Land Map**](https://native-land.ca/)
  + [**Compilation of Indigenous Resources**](https://docs.google.com/document/d/1bHlkdKLZBggeSzvhNV68nfLERe3LOHykvuSpYhi9VOo/edit?usp=sharing) Google Document

3. USE YOUR VOICE - USE YOUR EARS

* Listen To Indigenous Voices
  + Talk To Elders In The Community
  + When Working With First Nations/Indigenous People “And Other Marginalized Groups”, Yield The Floor.
  + Reach Out To Your Indigenous Friends, Listen To What They Have To Say.
* Become Aware Of Stereotypes and Campaign (Or At Least Talk About) Dismantling Them.
* Share What You Are Learning- Bring Your Community And Family Along On Your Journey.
* Find A Way To Talk To Your Children/Grandchildren
* Consider Hosting Discussions/Dialogues

4. ATTEND INDIGENOUS EVENTS AND OTHER INDIGENOUS GATHERINGS - EVEN

VIRTUALLY

* Pow Wow Calendar App On Your Phone
* Check The Websites Of The Tribes In Your Area For Events And Activities

5. ADVOCATE FOR A MORE INCLUSIVE, TRUTHFUL SCHOOL CURRICULUM

* If You Are Connected To A School, Advocate
* If You Are Connected To Media Sources, Educate
* If You Have Political Access, Speak Up

6. INTEGRATE HISTORY AND CULTURE IN YOUR DAILY LIVES (OR   
 CONVERSATIONS AROUND SPECIFIC HOLIDAYS/OBSERVANCES)

7. CONSUME MEDIA AND ART CREATED BY INDIGENOUS PEOPLE

8. JOIN ORGANIZATIONS - SUPPORT ORGANIZATIONS ADVOCATING FOR NATIVE

AMERICAN COMMUNITIES.

9. DONATE TO INDIGENOUS ORGANIZATIONS

(Even Small Contributions Go A Long Way)

10. SUPPORT INDIGENOUS ISSUES (That You Feel Called To Support)

* Earth Care - Water, Mining, …
* Murdered And Missing Indigenous Women/People

11.TAKE CARE OF THE ENVIRONMENT - (Beyond Recycle, Reuse, Reduce, And

Compost; Build A Reciprocal Relationship With The Earth’s Beings.)