

# St. Paul's Episcopal Church

201 E Ridge St., Marquette MI 49855  
906-226-2912  
Office Hours: Monday, Wednesday &  
Friday 9am-5pm  
find us on [Facebook](#)



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## This Week at St. Paul's January 29– February 4

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Marna Franson– Missioner – [marna@upepiscopal.org](mailto:marna@upepiscopal.org)  
Kris Mowafy – Senior Warden – [kristenmowafy@outlook.com](mailto:kristenmowafy@outlook.com)  
Fred & Cathy Cole – Junior Co-Wardens – [grecole@yahoo.com](mailto:grecole@yahoo.com)  
Sierra Larson – Administrator – [stpaulschurch201@gmail.com](mailto:stpaulschurch201@gmail.com)

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### *"From the Office Chair"*

The annual meeting is approaching! The Annual Meeting will be taking place on **Sunday, February 18th**. With that being said, I will need annual reports emailed to me by **Saturday, February 10th**. Please email me your report in a WORD document. If you have any questions or concerns please email [stpaulschurch201@gmail.com](mailto:stpaulschurch201@gmail.com)

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### **Monday Contemplative Prayer and Noonday Prayer**

Each Monday from 11:30 to 12:20 there will be Contemplative Prayer and Noonday prayer in the Sanctuary at St. Paul's. We will gather at 11:30, settle into Contemplative Prayer by 11:40 and begin Noonday Prayer at 12 noon. All are welcome to join at any time.

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## Happening this Week

**Monday 1/29:**

9–5pm: Church office open

12:30–2pm: Liturgy Planning *Conference Room*

2–5:30pm: Voice & Piano Lessons *Chapel*

**Tuesday 1 /30:**

10:30am: Lifecycles *Library*  
2pm: History of Christianity Film *Great Room*  
2-6:45: Voice & Piano Lessons *Chapel*  
2-6:45pm: String Lessons *Church*

**Wednesday 1 /31:**

9-5pm: Church office open  
2-5pm: Voice & Piano Lessons *Chapel*  
5-6:30pm: Tai Chi *Chapel*  
2-6:30pm: String Lessons *Church*  
6pm: Community Meal *Great Room*  
7pm: Choir Practice *Church*

**Thursday 2 /1:**

2-6:15: Voice & Piano Lessons *Chapel*

**Friday 2 /2:**

9-5pm: Church Office open  
1-3pm: Wisdom Circle *Chapel*

**Saturday 2 /3:**

10-12pm: Tai Chi Workshop *Chapel*

**Sunday 2 /4:**

10am: Choir Practice *Church*  
10:30-12pm: Holy Eucharist *Church*  
10:30-1:30pm: Quakers *Library/J2A*  
7-9pm: ACOA *Library*

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Use your phone camera to scan the code to register!



**CAREGIVER**  
INCENTIVE PROJECT

## Workshop

### Session 1

## Dementia Conversations

*Tips for breaking the ice with your family to address common issues*

**Come to CIP's first workshop where the Alzheimer's Association will present on how to have difficult conversations with aging loved ones**

**SATURDAY  
FEBRUARY  
3RD**

**12 - 2PM**

**JOIN US IN THE  
PETER WHITE  
LIBRARY  
OR  
VIRTUALLY**

**Lunch will be provided!**

**A caregiver for someone you care for can be provided too if needed**

**Next**

**Workshop**

*Communication  
and  
Deescalation  
Techniques*

Contact (208)318-6985 Shenae.kreps13@gmail.com  
<https://caregiverincentiveproject.org>

### **Study of Church History at St. Paul's**

Our Covenant Group/MST is launching into a survey on Church History. We will be watching and discussing two PBS Videos and discussing them and then doing deep dives into a few interesting periods of Church History.

To compliment this study, open it to all of us, and have some fun this Winter, Marna will be screening Dermaid McCulloch's *A History of Christianity: The First Three Thousand Years*. This is a series of six videos, each an hour long. The dates for screening are January 30th, February 13th, February 27th, March 12th, April 9th, and April 23rd. Screening will happen downstairs in the Great Room and Popcorn will be provided



# PEACE CAMP

AUGUST 9-12, 2024

FORTUNE LAKE CAMP, CRYSTAL FALLS, MICHIGAN

All ages, beliefs, and faiths are welcome.

Intergenerational &  
Intercultural event!

\$100/camper  
(scholarships available)

Hosted by the Episcopal Diocese of Northern Michigan



SCAN TO  
REGISTER

## Think Scrip!

A smaller congregation at St. Paul's has led to a smaller participation in the scrip program. This program has contributed over \$10,000 to St. Paul's during the last 11 years and we would like to continue to give financial support. But we need your help to make this happen! Please "Think Scrip" when you are purchasing groceries, gas, gifts and eating at restaurants.

### Questions?

Call Ann Smith at 906 249-9389 or Barb Carpenter at 906 362-3875



(i.e., “The Episcopal Network for Stewardship Theme for 2024 is Walk In Love!”)  
(And we are a little late getting started – this week we have the reflection for Advent, next week for Christmas, the next week for Epiphany, and then we’ll be ready for Lent!)

### Yes Moments

by Canon Lynn Farlin, who worships at Church of the Ascension in Norfolk, Virginia

Over the years Advent has become a favorite time in the liturgical year for me. It wasn’t always that way – there was a time when I raced through the season of Advent without a thought to what it meant or what a gift the “getting ready” time could be. However, years of working in Christian formation and intentional spiritual practices have provided a wonderful opportunity to experience Advent through a different lens.

The scripture we hear during Advent on Sundays, in daily reflections or during a pageant lovingly presented to the community, offers opportunities to reflect on themes of spiritual preparation, journey, expectation, and the willingness to acknowledge/engage and say “yes”. Those themes invite us all to walk in love during Advent.

I’m particularly drawn to scripture that provides a glimpse into those moments when a person’s faith is embodied with some expression of embracing the plans God has set in motion. I think of those expressions as yes moments. For example, when Mary hears the angel Gabriel say “Greetings, favored one” and learns of the journey that God has planned – her response, “Here I am Lord...” is a yes moment. Joseph too says “yes” when he embraces what he is called to do in a dream and takes Mary as his wife. When shepherds learn of the Messiah’s birth their journey to Bethlehem to see the child is yet another affirmation moment when they choose to “go and see”.

Granted, heavenly heralds had much to do with the yes moments mentioned. However, I would suggest that heavenly invitations abound in our communities today. When we commit to walking in love, we open ourselves up to those yes opportunities to lend our wealth, works, and wisdom to a world in need. Imagine what God is calling us to say “yes” to as we walk in love during Advent and in the year ahead.

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