

St. Paul's Episcopal Church

201 E Ridge St., Marquette MI 49855
906-226-2912
Office Hours: Monday, Wednesday &
Friday 9am-5pm
find us on [Facebook](#)



This Week at St. Paul's May 13– May 19

Marna Franson– Missioner – marna@upepiscopal.org
Jan Edwards – Senior Warden – JCHEX2@aol.com
Fred Cole – Junior Warden – grecole@yahoo.com
Sierra Larson – Administrator – stpaulschurch201@gmail.com

MAY is going to be DIRECTORY UPDATE month at St. Paul's Episcopal Church. The time has come for everyone to correct their email addresses and phone numbers, possibly addresses, etc. for the church directory. This is not the photo directory that Geoff so wonderfully created for us recently, but "just the facts" directory so that we know how to be in touch with each other. Every Sunday in May there will be an opportunity to update information.

EMERGENCY CONTACTS: We are making optional a place to put an emergency contact or two onto the information sheet that we will be using. THIS INFORMATION WILL NOT BE MADE PUBLIC, but we would like to have it on file in case of an emergency with one of us as we live and work and worship together. THIS INFORMATION WILL BE KEPT PRIVATELY in the office unless it is needed. More conversation about this includes how we can be safety nets for one another, but/and this collecting of emergency contacts are one step in that direction.

Happening in this week:

Monday 5/13:

2-5:30pm: Voice & Piano Lessons *Chapel*

Tuesday 5/14:

2-6:45: Voice & Piano Lessons *Chapel*
2-6:45pm: String Lessons *Church*

Wednesday 5/15:

9-5pm: Church Office Open

2-5pm: Voice & Piano Lessons *Chapel*
5-6:30pm: Tai Chi *Chapel*
2-6:30pm: String Lessons *Church*
7pm: Choir Practice *Church*

Thursday 5/16:

10am: Finance Committee Meeting *Zoom*
10am: Outreach Meeting *Conference Room*
2-6:15: Voice & Piano Lessons *Chapel*

Friday 5/17:

9-5pm: Church Office open

1-3pm: Wisdom Circle *Chapel*

Saturday 5/18:

2-4pm: Recording *Chapel*

Sunday 5/19:

10am: Choir Practice *Church*
10:30-12pm: Holy Eucharist *Church*
Vestry Meeting following the service- all welcome!
10:30-1:30pm: Quakers *Library/J2A*
7-9pm: ACOA *Library*

The conversation surrounding “aging” has been quite important in our church community. Look around at your neighbors in the surrounding pews. Let’s face it, the majority of us are...what?...long in the tooth?, past our prime?, over-the-hill?...OK, we’re old. We are planning on another Resource Fair for the Aging this fall, and while we know that this is an important community service, we also want to ensure that our church family will benefit from the information that we are gathering. Our team of “thinkers” have been discussing how we can best support each other at this stage of life. We are wondering about having group discussions about such subjects as filling out advanced directives, living safely at home alone, when to stop driving, how to support those that no longer drive, the list goes on and on. Perhaps we can bring in someone to teach us ways to improve balance so we avoid life changing falls. The emergency contact list that we are being asked to fill out is a product of our team. We want to have that necessary information at hand if someone has a fall or an event of some kind while at church. We

are asking for local emergency contacts (so that someone could retrieve needed items or feed the dog or whatever) and other contacts (perhaps family that live out of town). If there is anyone that would like to become part of this endeavor or if you have a subject that you wish to have discussed, please speak to Marna, Kris Mowafy, Arlene Gordinair, or Jan Edwards.

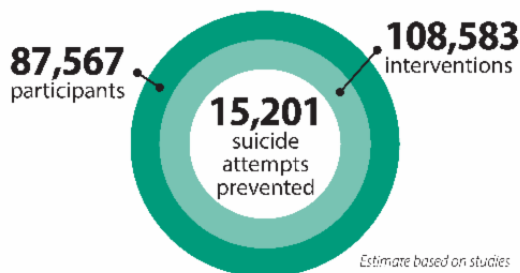


Learn the skills. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

ASIST's impact in 2016



ASIST changes lives

Odds of improvement after receiving an ASIST intervention (2013 study):

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

ASIST is cost-effective

50:1 return on investment in decreasing long-term costs of suicide (2015 study)

ASIST works

Studies show that ASIST participants gain:

- ✓ Knowledge about suicide
- ✓ Skills to reach out
- ✓ Confidence to help save a life

May 28 & 29, 8:30am - 4:00pm
Great Lakes Recovery Centers
100 Malton Road, Negaunee

Cost: FREE

To inquire or register, call
906-482-9077 ext. 303 or email
kmartens@coppershores.org



Learn more about ASIST and see the evidence at www.livingworks.net/ASIST



CALLING ALL HOUSEPLANT LOVERS

Sacred Space Campus Ministry at NMU would like to hand out little houseplants at Fall Fest at the beginning of August. That gives us two months to root our favorite plants to share. College students love something to nurture in their dorm rooms, so a hardy plant, like a spider plant or a pathos vine makes a great plant. Other easy-to-care-for plants are welcome as well.

Who can start some cuttings for us? All those baby spider plants hanging off your momma plant? All those trailing vines that could be cut into sections? **WOULD YOU BE WILLING** to start some in water now so that in August those rooted cuttings can be planted in **SMALL POTS**?

If there are questions, call Marna at 906-458-6395. We are looking for a foliage fiesta come fall.
Thanks for your help!



The Marquette Male Chorus

Present

Harmonies and Melodies:

Music of Bacharach, Mancini and Mercer



May 17, 2024

7:30 PM

Messiah Lutheran Church

305 W. Magnetic St.

Marquette Michigan

\$10.00 Suggested Donation

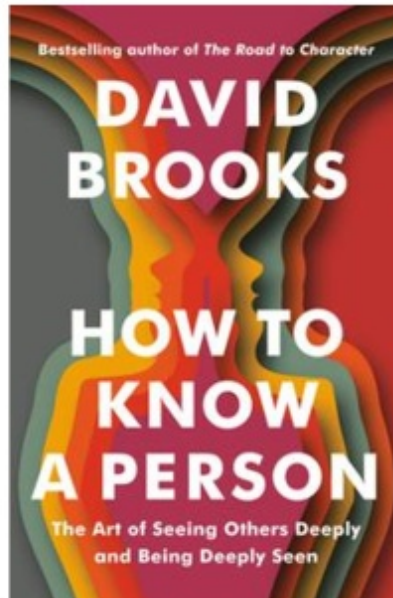
First Wednesday Reading Group

Who: All are welcome

(It would help to have at least started to read the book!)

When: June 5 1pm

Where: The Crib Coffeehouse (upstairs)



How to Know a Person:

The Art of Seeing Others Deeply and Being Deeply Seen
by David Brooks

Brooks draws from the fields of psychology and neuroscience and from the worlds of theater, philosophy, history, and education to present a welcoming, hopeful, integrated approach to human connection. How to Know a Person helps readers become more understanding and considerate toward others, and to find the joy that comes from being seen. Along the way it offers a possible remedy for a society that is riven by fragmentation, hostility, and misperception. -from the blurb

Questions? More info? Call Charlie at 906-360-9216 or email mqтчaz@gmail.com

PEACE CAMP

AUGUST 9-12, 2024

FORTUNE LAKE CAMP, CRYSTAL FALLS, MICHIGAN

All ages, beliefs, and faiths are welcome.

Intergenerational &
Intercultural event!

\$100/camper

(scholarships available)

Hosted by the Episcopal Diocese of Northern Michigan



SCAN TO
REGISTER

[Click here for more information about Peace Camp and registration!](#)



We have a wishlist on Amazon of items we would like to have at our table at Pride Fest. Some youth in our community have helped us pick out various items (ie stickers, buttons, flags, etc).

If you would like to make a purchase to support this event, please click [HERE](#) to view the options and make your order.

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