

# St. Paul's Episcopal Church

201 E Ridge St., Marquette MI 49855  
906-226-2912

Office Hours: Monday, Wednesday &  
Friday 9am-5pm  
find us on [Facebook](#)



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## This Week at St. Paul's May 6– May 12

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Marna Franson – Missioner – [marna@upepiscopal.org](mailto:marna@upepiscopal.org)  
Jan Edwards – Senior Warden – [JCHEX2@aol.com](mailto:JCHEX2@aol.com)  
Fred Cole – Junior Warden – [grecole@yahoo.com](mailto:grecole@yahoo.com)  
Sierra Larson – Administrator – [stpaulschurch201@gmail.com](mailto:stpaulschurch201@gmail.com)

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MAY is going to be DIRECTORY UPDATE month at St. Paul's Episcopal Church. The time has come for everyone to correct their email addresses and phone numbers, possibly addresses, etc. for the church directory. This is not the photo directory that Geoff so wonderfully created for us recently, but "just the facts" directory so that we know how to be in touch with each other. Every Sunday in May there will be an opportunity to update information.

EMERGENCY CONTACTS: We are making optional a place to put an emergency contact or two onto the information sheet that we will be using. **THIS INFORMATION WILL NOT BE MADE PUBLIC**, but we would like to have it on file in case of an emergency with one of us as we live and work and worship together. **THIS INFORMATION WILL BE KEPT PRIVATELY** in the office unless it is needed. More conversation about this includes how we can be safety nets for one another, but/and this collecting of emergency contacts are one step in that direction.

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## **Happening in this week:**

### **Monday 5/6:**

**9-5pm: Church Office Open**

2-5:30pm: Voice & Piano Lessons *Chapel*

### **Tuesday 5/7:**

2-6:45: Voice & Piano Lessons *Chapel*

2-6:45pm: String Lessons *Church*

5:30-7:30pm: Covenant Group *Great Room*

### **Wednesday 5/8:**

**9-5pm: Church Office Open**

2-5pm: Voice & Piano Lessons *Chapel*

5-6:30pm: Tai Chi *Chapel*

2-6:30pm: String Lessons *Church*

7pm: Choir Practice *Church*

### **Thursday 5/9:**

2-6:15: Voice & Piano Lessons *Chapel*

### **Friday 5/10:**

**9-5pm: Church Office open**

1-3pm: Wisdom Circle *Chapel*

### **Sunday 5/12:**

***Happy Mother's Day!***

10am: Choir Practice *Church*

10:30-12pm: Holy Eucharist *Church*

7-9pm: ACOA *Library*

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# Learn the skills. Help save a life.

**Suicide is preventable. Anyone can make a difference.**

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

## ASIST's impact in 2016



## ASIST changes lives

Odds of improvement after receiving an ASIST intervention (2013 study):

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

## ASIST is cost-effective

**50:1** return on investment in decreasing long-term costs of suicide (2015 study)

## ASIST works

Studies show that ASIST participants gain:

- ✓ Knowledge about suicide
- ✓ Skills to reach out
- ✓ Confidence to help save a life

**May 28 & 29, 8:30am - 4:00pm**  
**Great Lakes Recovery Centers**  
**100 Malton Road, Negaunee**

**Cost: FREE**

To inquire or register, call  
**906-482-9077 ext. 303** or email  
[kmartens@coppershores.org](mailto:kmartens@coppershores.org)



Learn more about ASIST and see the evidence at [www.livingworks.net/ASIST](http://www.livingworks.net/ASIST)



We have a wishlist on Amazon of items we would like to have at our table at Pride Fest. Some youth in our community have helped us pick out various items (ie stickers, buttons, flags, etc).

If you would like to make a purchase to support this event, please click [HERE](#) to view the options and make your order.

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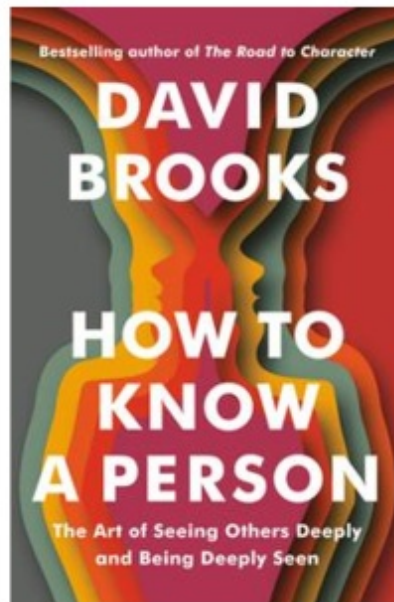
# First Wednesday Reading Group

Who: All are welcome

(It would help to have at least started to read the book!)

When: June 5 1pm

Where: The Crib Coffeehouse (upstairs)



## How to Know a Person:

The Art of Seeing Others Deeply and Being Deeply Seen  
by David Brooks

Brooks draws from the fields of psychology and neuroscience and from the worlds of theater, philosophy, history, and education to present a welcoming, hopeful, integrated approach to human connection. How to Know a Person helps readers become more understanding and considerate toward others, and to find the joy that comes from being seen. Along the way it offers a possible remedy for a society that is riven by fragmentation, hostility, and misperception. -from the blurb

Questions? More info? Call Charlie at 906-360-9216 or email [mqtchaz@gmail.com](mailto:mqtchaz@gmail.com)

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# PEACE CAMP

AUGUST 9-12, 2024

FORTUNE LAKE CAMP, CRYSTAL FALLS, MICHIGAN

All ages, beliefs, and faiths are welcome.

Intergenerational &  
Intercultural event!

\$100/camper

(scholarships available)

Hosted by the Episcopal Diocese of Northern Michigan



SCAN TO  
REGISTER

[Click here for more information about Peace Camp and registration!](#)

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The Marquette Male Chorus

Present

# Harmonies and Melodies:

Music of Bacharach, Mancini and Mercer



May 17, 2024

7:30 PM

Messiah Lutheran Church

305 W. Magnetic St.

Marquette Michigan

\$10.00 Suggested Donation

St. Paul's Episcopal Church 201 E Ridge St. Marquette MI 49855



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